



20-23 MAY, 2026

**Bold Ideas. Big Systems.  
One Health**



# About the Summit

Welcome to Milan Longevity Summit 2026 at Allianz MiCo.

The Milan Longevity Summit 2026 is a global platform exploring how the systems that shape our lives, health, science, food, technology, finance, cities, education, and culture, can evolve to support healthier, more resilient futures.

Over four days, the Summit brings together scientists, institutions, policymakers, entrepreneurs, investors, creatives, and industry leaders for cross-sector dialogue, collaboration, and systems thinking.

Built around the vision of One Health, the programme explores the interconnected relationship between human health, planetary wellbeing, and economic resilience. Across four stages and twelve interconnected sectors, the Summit examines how innovation, governance, research, infrastructure, and culture can contribute to long-term wellbeing and societal resilience.

From longevity science and preventive medicine to regenerative economies, AI, food systems, mental health, urban design, and the future of work, the Milan Longevity Summit is designed to connect disciplines, industries, and perspectives through a shared conversation about the future of life on this planet.

Because longevity is not only about living longer.

It is about designing systems capable of sustaining life, for people, society, and the planet, over time.

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## The Summit at a Glance

### 4 DAYS

Understanding today's systems and imagining what comes next

### 4 STAGES

LONGEVITY · PROSPERITY · VITALITY · HUMANITY

### 12 SECTORS

Health & Life Sciences · Agrifood · Tech & AI · Infrastructure & Cities · Economy · Media, Culture & Leisure · Education, Work & Learning · Circularity & Bioeconomy · Planetary Health · Consumer Innovation · Retail · Mental Health & Wellbeing

### 300+ SPEAKERS

Science · Policy · Industry · Economy · Creativity

### ONE HEALTH

Connecting human, planetary, and societal wellbeing

### BUSINESS MATCHING

Curated meetings and cross-sector collaboration

### INNOVATION EXPO

Startups, technologies, and emerging solutions

### CITY-WIDE ACTIVATIONS

Experiences and events across Milan

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# The Venue & Experience

The Summit takes place across multiple stages, networking areas, and activation spaces designed to encourage movement, discovery, and connection throughout the venue.

Use the map to navigate:

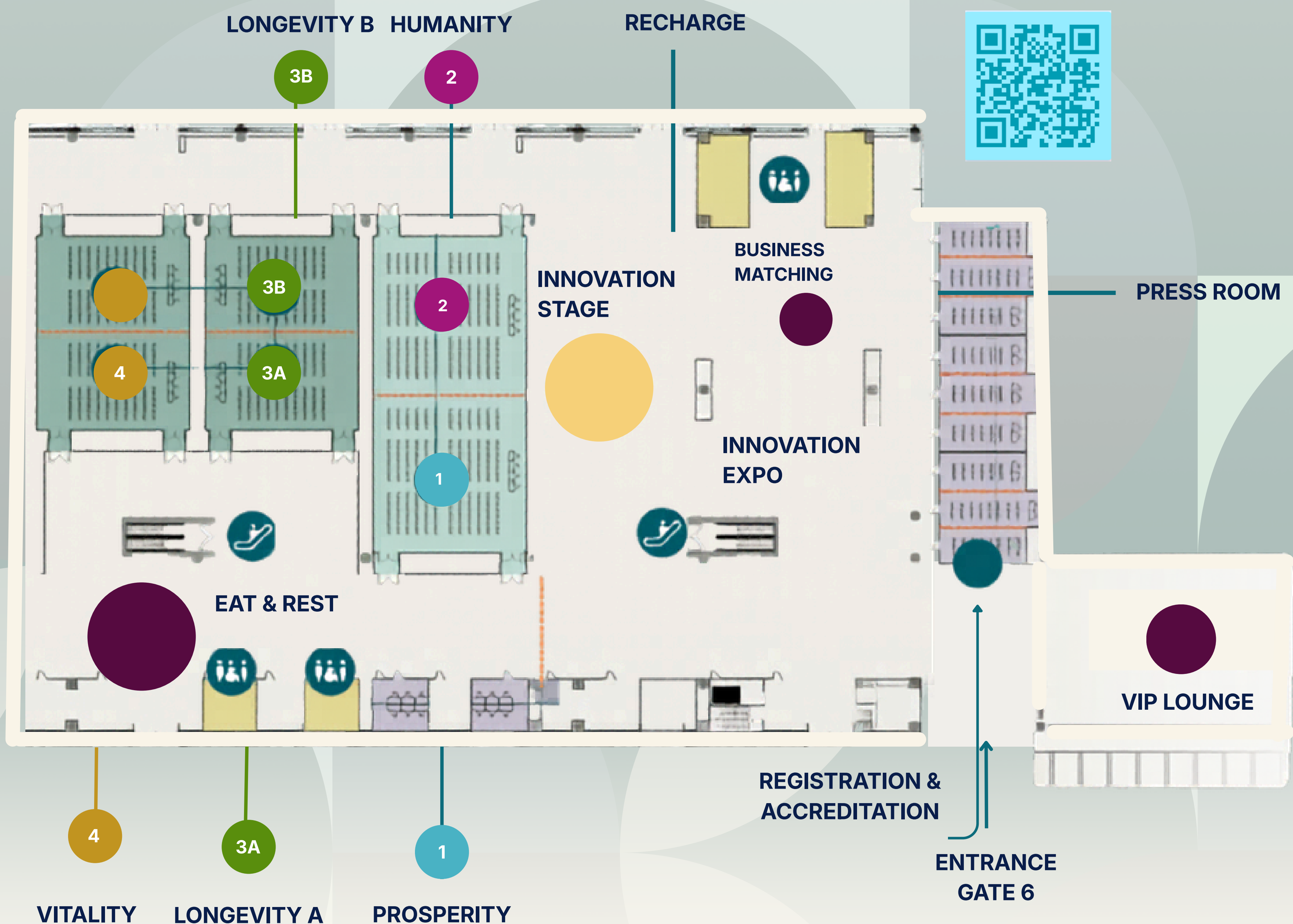
- Our stages
- Registration & accreditation
- Innovation Expo
- Business Matching Area
- VIP Lounge
- Networking & food area
- Partner activations
- Media & press
- Restrooms and venue services

There is no single path through the Summit.

Move across stages, follow connections, and build your own journey through the conversations shaping the future of health, society, and long-term resilience.

For the latest programme updates and live information, scan the QR code or visit:

[milanlongevitysummit.org](https://milanlongevitysummit.org)





# A Heartfelt Thank You

The Milan Longevity Summit exists thanks to an extraordinary community of people who believe in the possibility of building healthier and more resilient futures.

Our deepest gratitude goes to our Scientific Committee, speakers, partners, institutions, advisors, moderators, volunteers, and team members whose expertise, generosity, and dedication made this Summit possible.

Most importantly, thank you to everyone joining us in Milan. We hope these days spark new ideas, meaningful connections, and collaborations that continue long after the Summit ends.

With gratitude,  
The Milan Longevity Summit Team

## Scientific Committee

The Scientific Committee supports the scientific direction of the Milan Longevity Summit, helping shape a programme grounded in rigorous research, clinical relevance, and interdisciplinary dialogue.

Its members bring expertise across longevity science, medicine, neuroscience, prevention, nutrition, and health research, contributing to conversations exploring the future of human health, ageing, and wellbeing.

### *Members*

- Alberto Beretta, Chair
- Maria Pia Abbracchio, Co-Chair
- Nir Barzilai, Albert Einstein, New York, USA
- Juan Carlos Belmonte, Altos Lab, Los Angeles, USA
- Francesco Billari, Bocconi University, Milano, Italy
- Anna Erat, University of St Gallen Executive School, Switzerland
- Claudio Franceschi, University of Bologna, Italy
- Nicola Palmarini, National Institute of Ageing, Newcastle, UK
- Daniela Perani, Vita e Salute San Raffaele University, Milano, Italy
- Camillo Ricordi – Diabetes Research Institute, Miami, USA
- Antonella Santuccione Chadha, Women's Brain Foundation, Zurich, Switzerland
- Vittorio Sebastiano, University of California, Los Angeles, USA

THANK YOU

# Our Team

Behind the Milan Longevity Summit is a multidisciplinary team working across strategy, science, partnerships, production, communications, design, operations, and community building, united by the ambition of creating a platform capable of connecting disciplines, industries, and perspectives through a shared conversation about the future of health and society.

Over the past months, this Summit has been built through countless conversations, collaborations, late nights, challenges, and moments of inspiration. What you will experience over these days is the result of an extraordinary collective effort driven by passion, curiosity, and care.

To every speaker, partner, institution, volunteer, collaborator, advisor, and member of the team: thank you for helping bring this vision to life.

And to everyone joining us in Milan, thank you for being part of this journey. We hope these days spark new connections, unexpected ideas, and conversations that continue long after the Summit ends.

With gratitude,  
 Sharon Cittone  
 On behalf of the Milan Longevity Summit Team

TEAM



Sharon Cittone



Felipe Fontaneli



Adele Diana Tosti



Felice Lopane



Elisa Rapisarda



Marta Bochiochio



Orietta Ferrero



Cristina Gagliardi



Marzia Fradusco



Lara Anna Stoinich



Alessandra Bichi

# The Program



**Four Days. Four Lenses. One System.**

The Milan Longevity Summit 2026 is designed as a journey across systems.

Longevity is not only about living longer, it is the result of how well our systems function over time: health, food, cities, capital, technology, and society.

Over four days, the program moves from understanding today's challenges to shaping the systems of tomorrow:

**Day 1:** Orientation & Common Ground

Where we are, and why change is needed

**Day 2:** Redesigning Systems

New frameworks, incentives, and models

**Day 3:** Scaling the Systems

Infrastructure for real-world transformation

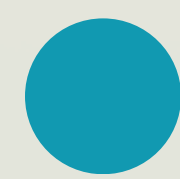
**Day 4:** The Future We Want

Long-term visions, values, and next generations

## HOW TO NAVIGATE

Sessions are organized across four color-coded stages.

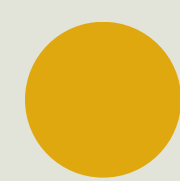
Follow one track, or move across them to build your own journey.



### PROSPERITY

**Policy, governance, economy and capital**

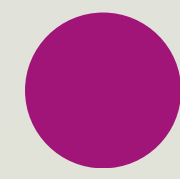
Exploring the systems, incentives, and financial models shaping long-term resilience.



### VITALITY

**Innovation & market transformation**

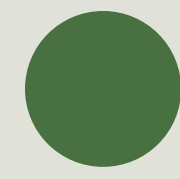
Startups, industry, and investment scaling solutions across interconnected sectors.



### HUMANITY

**People, culture and society**

Mental health, education, creativity, and social systems, exploring how we live, work, and connect.



### LONGEVITY

**The foundations of health, science and research**

Research, biology, and clinical insights shaping longevity and healthspan.  
From discovery to real-world application.

## BUILD YOUR PATH

There is no single way to experience the Summit.

Move across stages. Follow connections.

The most valuable insights happen at the intersections.

**One Health is not one discipline; it's how everything works together.**

**Select your day and stage colour to jump straight to the program**

20 MAY

21 MAY

22 MAY

23 MAY



PROGRAM

# Innovation District



The Innovation District brings together startups, technologies, investors, research organisations, corporates, and ecosystem partners working at the forefront of health, longevity, food systems, AI, sustainability, finance, consumer wellbeing, and systems innovation.

Designed as a dynamic space for discovery, collaboration, and real-world exchange, the area combines the Innovation Expo, Innovation Stage, workshops, business matching, and interactive formats across three days of programming.

Throughout the Summit, Innovation Arena's stage partners will host pitch competitions, workshops, innovation challenges, showcases, and curated conversations exploring how emerging technologies and new business models can contribute to healthier, more resilient futures.

From early-stage startups to established innovators, the Innovation District highlights the people and ideas helping shape the next generation of solutions across interconnected sectors.

We invite you to explore, connect, discover new collaborations, and engage with the innovators building what comes next.

## **Innovation Stage**

Panels, pitch competitions, firesides, workshops, and live programming

## **Innovation Expo**

Startup booths, technology showcases, and partner activations

## **Change For Good Lounge Powered by Fineco**

Workshops, challenge sessions, presentations, networking moments, informal meetings, lounge spaces, and interactive discussions designed for exchange, collaboration, and community building throughout the Summit.

## **Business Matching**

Curated meetings between startups, investors, corporates, institutions, and ecosystem partners

## **Partner Activation**

Experiences, showcases, and branded activations throughout the Innovation District

## **BUILD YOUR PATH**

Select your day and stage colour to jump straight to the program

20 MAY

21 MAY

22 MAY

23 MAY



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# 20 MAY

**Orientation & Common Ground:  
Understanding the System We Are Transforming**



**Allianz MiCo**

20 MAY



**10.30 - 11.00**  
**OPENING**

The opening event featuring institutions, and special guests:

**Giovanni Leonardi**, Head of One Health Department, Italian Ministry of Health (Video)  
**Emmanuel Conte**, Councillor for Budget, State Property and Extraordinary Housing Plan  
**Alberto Carrara**, President of the International Institute of Neurobioethics (Video)  
**Marilena Citelli Francese**, President, Brand Circle Italia  
**Sharon Cittone**, CEO & Founder Edible Planet Ventures & Executive Director Milan Longevity Summit



**11:00-11:50**  
**KEYNOTE & FIRESIDE**

**What if our Doors of Perception Were Cleansed: From Machine Logic to Living Intelligence, in Economics and Beyond**

**John Fullerton**, President, The Capital Institute  
Chaired by **Alessandra Perrazzelli**, Scientific Director, Center for Digital Regulation Strategy, Politecnico University of Milan  
**Powered by Fineco**  
ECONOMY, FINANCE & INVESTMENTS



**12:00-13:15**  
**FIRESIDE**

**Financial Longevity for Future Sustainability**  
**Financial Institutions: Designing for Lifetime Financial Resilience**

**Romualdo Guidi**, Head of Product and Services, Fineco Bank  
Chaired by **Alessandra Perrazzelli**, Scientific Director, Center for Digital Regulation Strategy, Politecnico University of Milan  
**Public Systems & Policy: Rethinking Financial Security for Longer Lives**  
**Paul Ladd**, Sustainable Development and Population Division, United Nations Economic Commission for Europe UNECE  
Chaired by **Piero Munari**, CEO, Arwin & Partners, Chairman, Italian Association Investor Relations  
**Powered by Fineco**  
ECONOMY, FINANCE & INVESTMENTS



**13:15-14:30**  
**NETWORKING LUNCH**



**14:30-15:15**  
**VISION TALK & FIRESIDE**

**Global Health Governance: What Policies Are Working and What Are Not**

**Kira Fortune**, Regional Advisor, Healthy Ageing and Healthy Settings, WHO European Office for Investment for Health and Development  
**Rosa Martínez Rodríguez**, Secretary of State for Social Rights, Government of Spain  
Chaired by **Kira Fortune**  
**Giacomina Chiaradia**, Medical Director, Italian Ministry of Health  
Moderated by **Felice Lopane**, Managing Director, Cluster BION  
**Powered by World Health Organization - WHO**  
HEALTH & LIFE SCIENCES



**15:30-16:30**  
**PANEL**

**Policies for Work: Productivity, Demographics & Workforce Transitions**

**Barbara Falcomer**, Executive Director, Valore D  
**Alberto Antonietti**, Vice President, Assoconsult  
**Giuseppe Carrella**, Partner, BCLAB  
Moderated by **Carola Salvato**, Founder & Chief Executive Officer Kea Connecta  
WORK, EDUCATION & EQUITY



**17:00-17:30**  
**VISION TALK & FIRESIDE**

**Planetary Health Is Non-Negotiable: Taking Stock of Where We Are**

**Susana Muhamad**, Former Ministry of Environment and Sustainable Development, Colombia  
Presented by **Louisa Burwood-Taylor**, Chief Communications Officer, Agfunder  
PLANETARY HEALTH



**17:30-18:30**  
**PANEL**

**Unlocking AI Potential: Prosperity for People and Planet**

**Manuele Monti**, Chief Executive Officer, TechBricks  
Moderated by **Flavia Zallocco**, Chief Client Experience & Product Officer, Green Future Project  
TECHNOLOGY, DATA & AI

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SKY 1

BACK

20 MAY



12:00-13:00

### VISION TALK & FIRESIDE

#### Retail & Consumer Health Markets: State of Play

**Beatriz Jacoste**, Chief Executive Officer, KMZero

**Luigi Caterino**, Co-founder & Chief Executive Officer, The Longevity Suite

**Massimo Pietracaprina**, Chief Executive Officer, MD Concierge

Presented by **Roberta Farinola**, Chief Executive Officer, Welligence

**Powered by Unifarco**

RETAIL & CONSUMER ACCESS



13:00-14:30

### NETWORKING LUNCH



14:30-15:30

### PANEL

#### Supply Chains & Market Shifts in Food & Agriculture

**Shirley Shahar**, Chief Executive Officer, DesertTech Ventures

**Manon Littek**, Managing Partner, Green Generation Fund

**Simona Caselli**, Presidente, Granlatte

Moderated by **Johan Jørgensen**, Partner, Sweden FoodTech

AGRICULTURE, FOOD & NUTRITION



15:30-16:00

### CONVERSATION

#### Energy for Health: Markets, Infrastructure & the Climate Dividend

**Cristina Tomassini**, Senior Advisor, Finegreen

Moderated by **Flavia Zalocco**, Chief Client Experience & Product Officer, Green Future Project

PLANETARY HEALTH



16:00-16:20

### CONVERSATION

#### State of Bioeconomy & Circular Markets

**Eric Ezechieli**, Co-founder & Co-director, Nativa

Moderated by **Emanuele Bompan**, Editor in Chief, Renewable Matters

BIOECONOMY & CIRCULARITY



16:20-17:00

### SALON

#### Where Is Life Sciences Heading? Biotech, HealthTech, Pharma and the Next Frontier

**Sergio Dompé**, Executive President, Dompé Farmaceutici

**Peter Kash**, Chairman, Camelot Biocapital

Moderated by **Christine Gould**, Chief Executive Officer, GIGA

**Powered by Centro Diagnostico Italiano - CDI**

HEALTH & LIFE SCIENCES

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BACK

20 MAY



12:00-13:00  
PANEL

**The New Architecture of Value: Rethinking Work for Longer Lives**

**Valeria Bonilauri**, Board Member, Consorzio Elis

**Antonio Naddeo**, President, Aran

**Simone Pizzoglio**, Vice President, Manager Italia

**Cetti Galante**, Chief Executive Officer, Intoo

**Massimiliano Branchi**, General Manager, Saipem

Moderated by **Annachiara Annino**, Partner, Lattanzio KIBS

WORK, EDUCATION & EQUITY



13:00-14:30  
NETWORKING LUNCH



14:30-15:30  
PANEL

**Investing in Cultural Capital: Creating Long-Term Value for One Health**

**Luca Tesauro**, Founder & Chairman, Giffoni Innovation Hub

**Nicola Formichella**, Chief Executive Officer, Forbes Italia

**Nic Palmarini**, Director, UK National Innovation Centre for Ageing

Moderated by **Michela D'Onofrio**, Co-founder, eArs

MEDIA, CULTURE & LEISURE

15:30-16:00  
VISION TALK



**The Missing System: Why Longevity Begins Inside**

**Joshua Freedman**, Founder & Chief Executive Officer, Six Seconds

Presented by **Louisa Burwood -Taylor**, Chief Communications Officer, Agfunder

**Powered by Chenot**

MENTAL HEALTH & WELLBEING

16:15 - 17:15  
PANEL



**The Consumer Shift in Wellness & Nutrition: Trust, Choice & Misinformation**

**Daniela Cerrato**, Chief Marketing Officer, Mondadori Group

**Manon Littek**, Founder & General Partner, Green Generation Management

**Tine Hertz**, Founder & Chief Executive Officer, One Thirty Labs

Moderated by **Roberta Farinola**, Chief Executive Officer, Wellingence

CONSUMER INNOVATION & WELLNESS



17:30-18:30  
PANEL

**Reimagining Universities in an Age of Rapid Change**

**Anna Flavia d'Amelio Einaudi**, Vita - Salute San Raffaele University

**Giovanna Iannantuoni**, Bicocca University of Milan

**Elio Franzini**, University of Milan Statale

Chaired by **Gianna Martinengo**, Founder & President, DKTS; Women&Tech ETS

Co Chaired by **Maria Pia Abbracchio**, University of Milan

WORK, EDUCATION & EQUITY

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SKY 2

BACK

20 MAY



11:00 - 13:30  
KEYNOTE & PANEL

### Longevity and Demographics: Rethinking Ageing Societies

Chaired by **Francesco Billari**, Bocconi University of Milan

Keynote by **Jay Olshansky**, University of Illinois

*Life extension in the XI century*

**Jennifer Beam Dowd**, University of Oxford

*Progress stalled? The uncertain future of life Expectancy in high-income countries*

**Diego Ramiro Farinas**, Spanish National Research Council

*Sociodemographic and health inequalities and their effect on life expectancy*

**Francesco Billari**, Bocconi University of Milan

*Positive demography: reframing the debate on population ageing*

Panel discussion

Keynote by **Pierre Magistretti**, King Abdullah University of Science and Technology (KAUST)

*Brain Health and Aging: A key role of glial cells and neuroenergetics*

SCIENCE & RESEARCH



13:00-14:30  
NETWORKING LUNCH



14:30-18:30  
PANEL

### Measuring Ageing: Biomarkers, Clocks, And Predictive Tools

Chaired by **Claudio Franceschi**, Professor Emeritus of Immunology, University of Bologna

**Claudio Franceschi**, University of Bologna

*Age clocks: state of the art*

**Steve Horvath**, Principal Investigator, University of California Los Angeles

*From clocks to care: epigenetics in precision medicine*

**David Furman**, Director, Stanford 1000 Immunomes Project, Buck Institute

*Epigenetic clock of intrinsic capacity*

**Roland Eils**, Founding Director, Center of Digital Health at Berlin Institute of Health at Charité

*AI for longevity: Predicting ageing related outcomes in population scale cohorts*

**Rosa De Santis**, Group Leader, Institute Telethon of Genetics and Medicine-TIGEM

*Population genomic screening: intercepting tumors and cardiovascular diseases before symptoms*

**Austin Argentieri**, Researcher, Broad Institute

*Developing robust aging biomarkers via proteomics and genomics: perspectives from large human studies*

**Paolo Garagnani**, Associate Professor, University of Bologna

*Natural selection signatures of semi-supercentenarians genomes reconcile hallmark pathways of preclinical models of aging with human longevity*

Panel discussion

Keynote by **Andrea Maier**, Professor of Geroscience, National University of Singapore-NUS

*Digital biomarkers of aging*

SCIENCE & RESEARCH

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AQUA 1

BACK

## THE INNOVATION DISTRICT

A space dedicated to emerging ideas, breakthrough startups, live challenges, workshops, conversations, and collaborative formats designed to connect innovation with real-world systems transformation.

From pitch competitions and industry showcases to hands-on workshops and cross-sector dialogues, the Innovation Arena highlights the people, technologies, and solutions shaping the future of health, finance, food, AI, and society.

20 MAY



12:00-13:00

INNOVATION STAGE PANEL

### THE CORPORATE LONGEVITY STACK

#### How AI and Prevention Are Rewriting the Rules of Corporate Performance

Corporate prevention is no longer a wellness perk, it is becoming a strategic driver of performance, resilience, and long-term value creation. This session explores how AI-powered health systems are enabling a new era of corporate wellbeing through personalized prevention, continuous health insights, and scalable workforce strategies. Bringing together business, technology, and institutional perspectives, the discussion examines how prevention can evolve from cost center to competitive advantage.

**Andrea Lippolis**, Founder & Chief Executive Officer, Vita Health

**Barbara D'Onofrio**, CoE Human Capital, BiP

Moderated by **Carola Salvato**, Founder & Chief Executive Officer, Kea Connecta



14:30-15:30

FINECO HOUSE WORKSHOP

### DEEP DIVE WITH JOHN FULLERTON

An intimate conversation with John Fullerton exploring regenerative economics, systems thinking, and the structural shifts needed to build long-term resilience across finance, business, society, and planetary systems.

The session will also feature the presentation of his new book, *Regenerative Economics: Revolutionary Thinking for the World in Crisis*, which reimagines the economy as a living system capable of evolving beyond extractive models toward healthier relationships between people, capital, and the planet.

Drawing from science, ecology, and systems thinking, the book examines the roots of today's interconnected crises, from climate change and biodiversity loss to growing inequality, while proposing a regenerative framework designed to support long-term human and planetary wellbeing.

Presented in an interactive workshop and discussion format designed to encourage deeper dialogue, reflection, and audience exchange.



14:30-17:30

INNOVATION STAGE

### STARTUP PITCH COMPETITION - DAY 1

Across three days, selected startups from around the world take the stage to present breakthrough ideas and emerging solutions shaping the future of health, food systems, AI, finance, sustainability, consumer wellbeing, and planetary resilience.

The competition brings together founders, investors, corporates, institutions, and ecosystem leaders in a dynamic format designed to spotlight innovation with the potential to drive meaningful systems transformation.

From early-stage technologies to scalable market solutions, the Startup Pitch Competition highlights a new generation of entrepreneurs building the tools, platforms, and models shaping healthier and more resilient futures.

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# 21 MAY

**Redesigning Systems & Governance**



**Allianz MiCo**

21 MAY



10:00 - 10:50

## CONVERSATION

### Health Systems at a Crossroads: Redesigning for Healthier Societies

**Yongjie Yon**, Technical Officer on Ageing and Health, WHO Europe  
**Daniilo Cereda**, Director Prevention Unit – DG Welfare, Lombardy Regione  
**Rosanna Tarricone**, Associate Dean, SDA Bocconi  
In dialog with Yongjie Yon

**Laura Po**, Associate Professor, University of Modena and Reggio Emilia  
**Micaela Shmid**, Researcher, University of Pavia  
Chaired **Felice Lopane**, Director, Cluster BION  
**Powered by World Health Organization, WHO**  
POLICY & GOVERNANCE



11:00-12:00

## TALK

### Policies for Sustainable and Inclusive Societies

**Giuseppe Reale**, President and Co-General Manager, Fondazione Rebecca  
**Arnstein Aassve**, Director, FutuRes Bocconi  
**Fabrizio Natale**, Team Leader Demography, European Commission -Joint Research Centre JRC  
Moderated by **Felice Lopane**, Managing Director, Cluster BION  
ONE HEALTH



12:00-13:00

## FIRESIDE CHAT

### From Financial Advisory to Life Planning: A Necessary Evolution

**Fabio Melisso**, Chief Executive Officer, Fineco Asset Management  
**Giuseppe Turchetti**, Professor of Economics, University of Pisa  
Moderated by **Irene Elisei**, Sky Tg24  
**Powered by Fineco**  
ECONOMY, FINANCE & INVESTMENTS



13:00-14:30

## NETWORKING LUNCH

### The Universe, Humanity & the Future We Share

**Marcelo Gleiser**, Theoretical Physicist and Appleton Professor of Natural Philosophy at Dartmouth College; Author and co-founder of 13.8; Templeton Prize laureate, Presidential Faculty Fellows Award recipient



14:30-15:30

## FIRESIDE CHAT

### Financing the Planet: Capital, Regeneration & Real-World Transition

**Daniela Ibarra Howell**, Founder and Managing Director, Savory Foundation  
Moderated by **Sharon Cittone**, Chief Executive Officer, Edible Planet Ventures and Milan Longevity Summit  
ECONOMY, FINANCE & INVESTMENTS



15:30-16:30

## PANEL

### Policy & Governance for Food System Transition: Aligning Health, Climate & Markets

**Francesca Gallelli**, Food Systems Policy Officer, World Federation for Animals  
**Martin W. Bloem**, Associate Professor, Johns Hopkins Bloomberg School of Public Health, Senior Advisor Kerry Health and Nutrition Institute  
**Dan Kittredge**, Founder & Executive Director, Bionutrient Institute  
**Johan Swinnen**, Director General, International Food Policy Research Institute  
Moderated by **Christine Gould**, Chief Executive Officer, GIGA Futures  
AGRICULTURE, FOOD & NUTRITION



16:30-17:30

## VISION/SALON

### Redesigning Urban Ecosystems: Health, Resilience & Liveability

**Introduction** by **Kira Fortune**, Regional Advisor, Healthy Ageing and Healthy Settings, WHO European Office for Investment for Health and Development  
**Federico Serra**, President, Health City Institute  
**Marco Papa**, Director Area Health and Welfare, Municipality of Milan  
Chaired by **Kira Fortune**  
**Powered by World Health Organization, WHO**  
INFRASTRUCTURE & CITIES



17:30-18:30

## PANEL

### Public-Private Capital and Systemic Infrastructure: The Incentive Gap

**Marco Alverà**, Co-founder & Chief Executive Officer, Zhero Group  
**Luciano Balbo**, Chairman, Oltre Impact  
**Paolo Pio**, Co-founder & General Partner, Exceptional Ventures  
**Omar Bertoni**, Chief Executive Officer, LifeGate Way  
Moderated by **Guido Cornettone**, Chief Executive Officer, Solongevity  
**Powered by Fineco**  
ECONOMY, FINANCE & INVESTMENTS

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**10:00-11:00****PANEL****Retail for the Century-Long Life: Rethinking the Consumer Journey**

Claudia Parzani, Co-founder, A-Life

Viktoriiia Savitska, Chief Global Affairs Officer, Epicentr Group of Companies

Antonio Sciuto, Co-founder &amp; Chief Executive Officer, ELAI

Moderated by Moriella Kovalski, Executive Director, Maize

**Powered by Roche**

RETAIL &amp; CONSUMER ACCESS

**11:00-12:00****PANEL****Food as Medicine: Precision Nutrition, Business Models & Access**

Bodil Sidén, General Partner, Kost Capital

Nélida Leiva Eriksson, Chief Executive Officer, Ironic Biotech

Florian Müller, Member of the Executive Board, Colostrum BioTec

Christian Pichler, Chairman and Managing Director, GERBER-RAUTH

Moderated by Antonio Iannone, Founder &amp; Chief Executive Officer, The FoodCons

**Powered by Terme de Montel**

AGRICULTURE, FOOD &amp; NUTRITION

**12:00-13:00****PANEL****Designing Healthier Products: From Molecule to Market**

Lorenzo Wittum, VP Global, Vaccine &amp; Immune Therapies, AstraZeneca

Colby Kash, Chief Executive Officer, Camelot BioCapital

Asaph Aharoni, Principal Investigator, Weizmann Institute

Bart Van Hooland, Managing Partner, THIA Ventures

Moderated by Ludovico Baldassin, Chief Executive Officer, Jakin

**Powered by Roche**

BIOECONOMY &amp; CIRCULARITY

**13:00-14:30****NETWORKING LUNCH****14:30-15:30****PANEL****Food as the Connective Tissue: Breaking Down Silos Across Sectors**

Anja Leissner, Chief Executive Officer, Spring

Amy Godfry, Investor, The First Thirty

Dan Kittredge, Founder &amp; Executive Director, Bionutrient Institute

Moderated by Beatriz Jacoste, Chief Executive Officer, KMZero Food Innovation Hub

**Powered by Edible Planet Ventures**

AGRICULTURE, FOOD &amp; NUTRITION

**15:30-16:30****PANEL****Inclusive Innovation: Designing for Access, Not Elites**

Anna Zò, Head of MIH PRO, Music Innovation Hub

David Bassani, Founding Partner, Maia Ventures

Giuseppe Andreoni, Professor at Politecnico di Milano, Department of Design

Asier Alea, Director, Global Development, Basque Culinary Center

Moderated by Catalina Valencia Zuluaga, Director, KMZero Food Innovation Hub

**Powered by Lundbeck**

CONSUMER INNOVATION &amp; WELLNESS

**16:30-17:30****VISION TALK****AI in Practice: Decision-Making, Prediction and the One Health Promise**

Lorenzo Fariselli, Director, Six Seconds Europe

Ava Esh, Founder &amp; CEO, Mirae Code Labs

Ivan Ortenzi, Chief Innovation Evangelist, BIP

Presented by Ryslaine Moulay Peach, Innovation Director, Maize

TECHNOLOGY, DATA &amp; AI

**17:30-18:30****CONVERSATION****Beyond the Self: Rethinking Time, Death and Legacy**

Tommaso Barba, Centre for Psychedelic Research, Imperial College London

Thomas Winkelmann, Co-founder, A Hundred Years

Moderated by Christine Gould, Chief Executive Officer, GIGA Futures

MENTAL HEALTH



9:45-10:50

**VISION TALK/PANEL**

**Cities as Health Systems: Designing for All Life Stages**

Vision Talk: **Carlo Ratti**, Director, MIT Senseable City Lab & Founder, Carlo Ratti Associati  
**Federica Alberti**, Director, Wellness Foundation  
**Lamberto Bertolé**, President Rete Città Sane OMS; Deputy Mayor for Welfare and Health, Municipality of Milan  
**Claudio Garbellini**, General Manager Homecare Division, SOL Group  
**Elisabetta Pizzini**, Italy Country Leader, The Floop Limited  
Moderated by **Carolina Nisivoccia**, Founder & Principal Architect, Carolina Nisivoccia Architecture & Design  
**Powered by The Longevity Suite**  
INFRASTRUCTURE & CITIES



11:00-12:00

**PANEL**

**Cities and Longevity, a Pact For The Future**

**Alessia Canfarini**, Equity Partner & Head of Human Capital, BIP  
**Giacomo Biraghi**, President, Stratosferica  
**Marcello Coppa**, Chief Executive Officer, Feel  
**Alessandro Giaume**, Senior Advisor, Feel  
Moderated by **Vincenzo Petraglia**, Journalist, Wise Society  
INFRASTRUCTURE & CITIES



12:00-13:00

**VISION TALK/FIRESIDE**

**Future-Ready Youth: Moving from Proven Practice to Systemic Impact**

**Stephen Ritz**, Founder, Green Bronx Machine  
**Morgane Kendregan**, School & Events Lead, Timegivers  
Moderated by **Christine Gould**, Chief Executive Officer, GIGA  
**Powered by Lundbeck**  
WORK, EDUCATION & EQUITY



13:00-14:30

**NETWORKING LUNCH**



14:30 - 15:30

**VISION/ PANEL**

**The Architecture of Feeling: Designers, Artists and the Spaces That Shape Emotion**

Vision Talk: **Duyi Han**, Artist and Designer  
**Giorgio Caimi**, Director of R&D and Open Lab, Caimi Brevetti  
**Gianluca Valsesia**, Chief Commercial Officer, Gessi  
**Lorenzo Palmeri**, Architect and Designer  
Moderated by **Carolina Nisivoccia**, Founder & Principal Architect, Carolina Nisivoccia Architecture & Design  
**Powered by Carolina Nisivoccia Architecture & Design**  
MENTAL HEALTH & WELLBEING



15:30-16:30

**WORKSHOP**

**The Power of Pause: Attention, Presence & Human Performance**

**Tarun Galagali**, Chief Executive Officer & Founder, Mandala for Us  
MENTAL HEALTH & WELLBEING



17:00-18:00

**PANEL**

**The New Workforce Equation: Generations, Gender and the Future of Work**

**Patrizia Brognoli**, Diversity and Inclusion Manager, Decathlon Italy  
**Paola Gerbaudo**, Strategic Account Manager Health Systems IIG, Philips  
**Camilla Buttà**, Sustainability & Communication Manager, Vector  
**Dalila D'Ingeo**, Cultural Anthropologist & Researcher, Valore D  
**Powered by Valore D**  
WORK, EDUCATION & EQUITY

21 MAY



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SKY 2





**9:30 - 13:30**  
**KEYNOTE & PANEL**

**Decoding The Biology Of Ageing**

Chaired by **Guido Kroemer**

Keynote: **Guido Kroemer**, Professor; Director INSERM team, Gustave Roussy Comprehensive Cancer Center

*New facets of aging*

**Rosario Rizzuto**, Full Professor of General Pathology, University of Padua

*Mitochondria and longevity*

**Daniel Andergassen**, Group Leader, Technical University of Munich

*Stability of the inactive X chromosome across the lifespan and its implications for sex-biased disease*

**Fabrizio d'Adda di Fagagna**, Senior Scientist, IFOM, the AIRC Institute of Molecular Oncology, IGM-CNR

*Telomere biology in aging and disease*

**Angelo Poletti**, Full Professor, University of Milan

*Autophagy as a defense mechanism against proteotoxicity in motor neuron disease*

**Marco Sandri**, Full Professor of Cell Biology, University of Padua

*Autophagy regulation by the gene Myho*

**Valerio Orlando**, Professor of Bioscience, King Abdullah University of Science and Technology KAUST

*New but old RNAs at the crossroad between healthspan, aging and disease*

**Weixu Wang**, Researcher, Helmholtz Center, Munich

*Transcriptome-based human universal senescence index*

**Andrea Cossarizza**, Full Professor of Pathology, University of Modena and Reggio Emilia

*Markers of immune senescence*

Keynote by **Uri Alon**, Professor of Molecular Cell Biology; Director Sagol Institute for Longevity Research, Weizmann Institute of Science

*Heritability of lifespan is higher than we thought*

*Heritability of lifespan is higher than we thought*

**Panel discussion**

SCIENCE & RESEARCH



**13:00-14:30**  
**NETWORKING LUNCH**



**14:30-16:15**  
**PANEL**

**Brain Health And Ageing: From Risk To Resilience**

Chaired by **Daniela Perani**, Vita-Salute San Raffaele University

Co-Chaired by **Massimo Filippi**, Vita-Salute San Raffaele University

**Giovanni Frisoni**, Professor of Neuroscience; Director Geneva Memory Center, University of Geneva

*Cognitive trajectories in healthy and pathological aging*

**Gael Chetelat**, Research Director, INSERM, Caen

*Optimizing brain aging: reducing risk, strengthening resilience*

**Emrah Duezel**, Professor of Cognitive Neurology, Otto-von-Guericke University

*Alzheimer's detection in individuals who feel healthy*

**Stefano Cappa**, Professor of Neurology, IRCCS Istituto Auxologico Italiano

*The multiple facets of memory decline*

**Federica Agosta**, Associate Professor, Vita-Salute San Raffaele University

SCIENCE & RESEARCH



**16:15-18:00**  
**PANEL**

**The Immune System Across the Lifespan: Decline, Adaptation, And Longevity**

Chaired by **Alberto Beretta**, Scientific Director, SoLongevity Foundation

**Sunil Ahuja**, Professor of Medicine, University of Texas at San Antonio

*Immune resilience as a key driver of healthspan*

**Gordan Lauc**, Professor of Biochemistry University of Zagreb, CEO Glycanage

*Glycan biomarkers as a tool to monitor and improve resilience*

**Mario Clerici**, Full Professor of Immunology, University of Milan

*Aging of the immune system and sarcopenia*

**Alejandro Lucia**, Professor, European University of Madrid

*Physical exercise and anti-cancer immunity*

**Alessio Lanna**, Group Leader, University College London

*Unprecedented systemic rejuvenation by the immune system*

SCIENCE & RESEARCH

21 MAY



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AQUA 1



BACK



**9:30 - 11:00**  
**PANEL**

**Metabolic Therapies And Longevity: Beyond Disease Management**

Chaired by **Paolo Fiorina**, Full Professor; Director International Center for T1D, University of Milan

Co-Chair: **Maria Pia Abbraccio**, Professor of Precision Pharmacology, University of Milan

**Roberto Trevisan**, Professor of Endocrinology, Bicocca University

*Sglt2 inhibitors*

**Angelo Avogaro**, Full Professor of Endocrinology, University of Padua

*GLP-1R agonists*

**Francesco Giorgino**, Full Professor of Endocrinology, University of Bari

*Dual GLP-1R/GIP-R agonists*

**Giorgio Quadri**, Medical Officer, A.O Ordine Mauriziano Torino

*Cardiovascular outcomes*

**Paolo Fiorina**, University of Milan

*Anti-inflammatory effects of GLP-1R agonists*

Summing up: **Paolo Fiorina & Maria Pia Abbraccio**

SCIENCE & RESEARCH



**13:00-14:30**  
**NETWORKING LUNCH**



**14:30 - 16:30**  
**PANEL**

**Cardiopulmonary Health: A Lifespan Perspective**

Chaired by **Stefano Carugo**, University of Milan

**Peter Lansberg**, Researcher, University Medical Center

*Early detection of genetically determined cardiovascular risk*

**Ivan Pećin**, Associate Professor, University of Zagreb

*Dyslipidemias and longevity*

**Arrigo Cicero**, Associate Professor; President SINut, University of Bologna

*Emerging cardiovascular risk factors impacting on longevity*

**Francesco Blasi**, Full Professor of Respiratory Medicine, University of Milan

*The aging lung: microenvironment, mechanisms, and diseases*

SCIENCE & RESEARCH



**16:30-18:00**  
**PANEL**

**Skin Ageing: Biology, Biomarkers And Innovations**

Chaired by **Giovanni Pellacani**, University La Sapienza, and **Silvia Alberti Violetti**, Associate Professor of Dermatology and Venereology and Director of the Residency Program in Dermatology and Venereology at the University of Milan

**Stefania Guida**, Researcher, Vita-Salute San Raffaele University

*Genetic markers of skin aging*

**David Furman**, Director, Stanford 1000 Immunomes Project, Buck Institute for Research on Aging

*Epigenetic markers of skin aging*

**Iria Medrano Martinez**, Researcher, University Carlos III de Madrid

*Towards constructing a physiologically stratified skin model for deciphering aging and rejuvenation*

**Roberto Sitia**, Professor of Molecular Biology, Vita - Salute San Raffaele University

*Biology of aquaporins*

SCIENCE & RESEARCH

21 MAY



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AQUA 2

BACK

## THE INNOVATION DISTRICT

A space dedicated to emerging ideas, breakthrough startups, live challenges, workshops, conversations, and collaborative formats designed to connect innovation with real-world systems transformation.

From pitch competitions and industry showcases to hands-on workshops and cross-sector dialogues, the Innovation Arena highlights the people, technologies, and solutions shaping the future of health, finance, food, AI, and society.

21 MAY



**9:30-10:30**

### INNOVATION STAGE PANEL PLACES OF LONGEVITY

Join us for an engaging conversation exploring wellbeing, human connection, healthier cities, and new ways of living better for longer. The session will also feature the exclusive preview of new research revealing where and how Italians are pursuing longevity today.

**Nic Palmarini**, Director of the National Innovation Centre for Ageing (UK) and Co-Founder of the Edelman Longevity Lab

**Valerio Solari**, Longevity Doctor specializing in nutrition medicine and exercise science applied to healthy aging

**Felipe Criventi**, Head of Brand, Virgin Active Italy

With special guest **Enrico Salvatore Murgia**, Mayor of Seulo, a small Sardinian village of 742 residents and one of the world's longest-living communities, part of the renowned Blue Zones.

Moderated by **Raffaella Cesaroni**, journalist and presenter at SKY TG24.

**Powered by Virgin**



**10:30-11:30**

### INNOVATION STAGE PANEL THE WELLBEING GENERATION CHALLENGE LAUNCH

Launch of the innovation challenge exploring "The Invisible Cost of Longevity" powered by Startupboot Camp and Feat inviting startups, innovators, and multidisciplinary teams to rethink the future of financial resilience and long-term wellbeing.

**Powered by Fineco, STB & Feat**



**11:30-17:30**

### FINECO HOUSE CLOSED WORKSHOP INNOVATION CHALLENGE: THE WELLBEING GENERATION

A collaborative innovation sprint bringing together startups, experts, and ecosystem partners to develop new ideas and practical solutions at the intersection of finance, longevity, and future sustainability.

**Powered by Fineco, SBC & Feat**



**14:30-17:30**

### INNOVATION STAGE STARTUP PITCH COMPETITION - DAY 2

The second round of startup pitches continues with founders presenting scalable solutions addressing the future of health, food, climate resilience, technology, and consumer wellbeing.

INNOVATION

BACK



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Scaling & Infrastructure



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22 MAY



10:00 - 11:00  
VISION/PANEL

### Financing Planetary Health at Scale

Video from **Ernesto Ciorra**, Professore di Innovation Management alla Facoltà di Ingegneria del Campus BioMedico Roma

**Alessandra Gelera**, President, Cluster Nazionale Scienze della Vita ALISEI

**Alessandro Monticelli**, Founder & Chief Executive Officer, Green Independence

**Viktorii Savitska**, Chief Global Affairs Officer, Epicentr Group of Companies

Moderated by **Johan Jörgensen**, Partner, Sweden Foodtech

Powered by **Fineco**

PLANETARY HEALTH



11:00-12:00  
CONVERSATION

### Who Is Funding the Circular Transition and Is It Enough?

**Byron Peasland**, Chief Operations Officer, Green Future Project

**Nicola Tagliafierro**, Scientific Director, European Institute for Innovation and Sustainability, EIS

Moderated by **Peter Kruger**, Venture Partner, Big Idea Ventures

Powered by **Fineco**

BIOECONOMY & CIRCULARITY



12:00-13:00  
PANEL

### Capital for Deep Tech: Investing in Systems Innovation

**Diana Saraceni**, Co-founder & General Partner, Panakès Partners

**Sergio Strozzi**, Diplomat, Ministry of Foreign Affairs and International Cooperation

**Peter Kruger**, Venture Partner, Big Idea Ventures

**Alessandro Lattuada**, Managing Director, Otsuka Pharmaceutical Italy & IAG Member

Moderated by **Guido Comettone**, Chief Executive Officer Solongevity

Powered by **Fineco**

TECHNOLOGY, DATA & AI



13:00-14:30  
NETWORKING LUNCH



14:30-15:15  
CONVERSATION

### Rethinking Healthspan: Science, Prevention & Systemic Change

**Lars Hartenstein**, Executive Director of Healthy Longevity, McKinsey Health Institute

**Martin Bloem**, Professor, Johns Hopkins University, Sr. Advisor Kerry and Nestle

Moderated by **Desmond O'Brien**, Partner, True Search

ONE HEALTH



15:30-16:30  
VISION TALK/FIRESIDE CHAT

### Foresight for Systemic Resilience: Reimagining Our Collective Future

**Sally Uren**, Executive Director and Chief Acceleration Officer, Forum for the Future

Presented by **Anja Leissner**, Chief Executive Officer, Spring

ONE HEALTH



16:30-17:30  
CONVERSATION

### Policy for Intergenerational Cohesion: Health, Equity & Social

#### Contracts

Opening by **Angeli Pateli**, Executive Director, Berkley Center for Law and Business

**Valerie Schena Ehrenberger**, Vice President Assoconsult & President European Confederation of Search and Selection Associations (ECSSA)

Moderated by **Giorgio Cardone**, Senior Manager, Head of International Unit, Lattanzio Kibs

WORK, EDUCATION & EQUITY



17:30-18:30  
PANEL

### Organizational Longevity: Building the Future

**Marco Ballaré**, President, Manageritalia

**Massimo Fiaschi**, General Secretary, Manageritalia

**Stefano Castrignanò**, President, Osservatorio Italian Welfare

**Antonio Bonardo**, Chief Public Affairs Officer, Gi Group

Powered by **Manageritalia**

WORK, EDUCATION & EQUITY

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SKY 1

BACK



10:00-11:00

**CONVERSATION**

**Infrastructure for Interoperability: Building Digital Backbones for One Health Systems**

**Gaia Bradicich**, Senior Director Strategy, Planning and Operations EMEA, Cisco  
Moderated by **Christine Gould**, Chief Executive Officer, GIGA Futures  
*Powered by Centro Diagnostico Italiano CDI*  
TECHNOLOGY, DATA & AI



11:00-12:00

**PANEL**

**Regenerative Agriculture at Scale: Business Models and Market Reality**

**Dan Kittredge**, Founder & Executive Director, Bionutrient Institute  
**Christine Gould**, Chief Executive Officer, GIGA Futures  
**Erin Grover**, Regenerative VC Expert, Triple Eight Capital  
**Hirander Misra**, Chairman & Chief Executive Officer, ZERO13  
Moderated by **Antonio Iannone**, The FoodCons  
*Powered by Edible Planet Ventures*  
AGRICULTURE, FOOD & NUTRITION



12:15-13:15

**PANEL**

**Foods and Ingredients of Tomorrow**

**Ali Morrow**, Partner, Clay Capital  
**Christina Senn-Jacobsen**, Chief Executive Officer, Swiss Food and Nutrition Valley  
**Nadav Berger**, Founding Partner, PeakBridge  
**Ninna Granucci**, Chief Executive Officer, Green Spot Technologies  
Moderated by **Vincenzo Petraglia**, Journalist, Wise Society  
*Powered by Named*  
AGRICULTURE, FOOD & NUTRITION



13:00-14:30

**NETWORKING LUNCH**



14:30-15:30

**VISION TALK**

**Durability by Design: The Future of Sustainable Fashion**

**Marina Spadafora**, Owner, Marina Spadafora  
**Caterina Occhio**, Responsible supply chain advisor, Caterina Occhio Consulting  
**Matteo Ward**, Chief Executive Officer of Inside Out Fashion, Textiles & Home  
**Hakan Karaosman**, Associate Professor, Politecnico di Milano  
Presented by **Antonella Di Leo**, Publisher, Wise Society  
*Powered by Marina Spadafora*  
BIOECONOMY & CIRCULARITY



15:30-16:30

**VISION TALK**

**People-Powered Circularity: Behavior, Story & Scale**

**Nicola Tagliafierro**, Scientific Director, European Institute for Innovation and Sustainability, EIS  
**Jacopo Mele**, Chief Executive Officer, Moonstone  
**Jessica Sagratella**, Copy & Branding Consultant  
**Alessandro Armillotta**, Chief Executive Officer, AWorld  
*Powered by Mott Studios*  
BIOECONOMY & CIRCULARITY



16:30-17:30

**VISION TALK**

**From Code to Cure: AI's Expanding Role in Life Sciences**

**Marco Ali**, Research Operations Manager, Centro Diagnostico Italiano-CDI  
**Daniele Pili**, Chief Executive Officer & Founder, React  
HEALTH & LIFE SCIENCES



17:30-18:30

**VISION TALK**

**Platforms for Prevention: Subscriptions, Nudges & Data**

**Alessandro Ferri**, Board Member and Scientific Director, Advice Pharma Group  
**Martina Pace**, Partner, Chief Operations Officer & Head of Impact, Peakbridge  
**Brian Mehling**, Founder & Chief Marketing Officer, Blue Horizon International  
CONSUMER INNOVATION & WELLNESS

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10:00-10:45

**PANEL**

**The Exposome Project**

**Gerome Guiot**, Strategic projects Director, LVMH

**Tina Woods**, Founder & Chief Executive Officer Collider Health, Executive Director International Institute of Longevity

**Nic Palmarini**, Director, UK National Innovation Centre for Ageing

**David Furman**, Associate Professor and Director, Buck Institute for Research on Aging, Stanford

**Joanna Bensch**, Founder & Chief Executive Officer, Longevity Center

**Antonio Forenza**, Founder and CEO, AWEAR

*Powered by Virgin*

MEDIA, CULTURE & LEISURE

22 MAY



10:45-11:30

**PANEL**

**Work & Burnout: Redesigning Organizational Resilience**

**Chiara Bacilleri**, Marketing, Communications & Innovation Director, Mindwork

**Francesco Finazzi**, Chief Executive Officer, Myndoor

**Tiziana Mele**, Managing Director, Lundbeck Italia

**Mattia Sciutti**, Leadership & Team Effectiveness Manager Gruppo Nestlé in Italia

Moderated by **Carola Salvato**, Founder & Chief Executive Officer Kea Connecta

WORK, EDUCATION & EQUITY

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11:30-12:15

**FIRESIDE CHAT**

**Wellness Tourism & Regenerative Travel**

**Jean-Yves Minet**, Global Brand President, Midscale & Economy Brands, Accor

Moderated by **Anja Leissner**, Chief Executive Officer, Spring

*Powered by The Longevity Suite*

MEDIA, CULTURE & LEISURE

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12:15 - 13:15

**VISION TALK**

**The Science of Self-Care: From Hype to Health**

**Roberta Cialesi**, Research Director, Italian National Institute of Statistics (ISTAT)

**Annabella Amatulli**, Head of Regulatory, Enterprise Therapeutics

**Alessandro Portolan**, Scientific Knowledge Director, Unifarco

Moderated by **Felice Lopane**, Managing Director, Cluster BION

*Powered by Linfit*

CONSUMER INNOVATION & WELLNESS

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13:15-14:30

**NETWORKING LUNCH**



14:30-15:30

**PANEL**

**The Loneliness Epidemic: Belonging, Community and Mental Health in the Digital World**

**Ulrike Dobelstein-Lütke**, Managing Director, Fürstenberg Foundation

**Maddalena Illario**, Chair, Reference Site Collaborative Network RSCN

**Tiziana Mele**, Managing Director, Lundbeck Italia

Moderated by **Carmen Chamorro**, Founder, Analog Experiences

**Your Attention Please** Documentary introduced by **Giorgio Secli**, City Leader, Offline Club Milan

*Powered by Centro Diagnostico Italiano CDI*

MENTAL HEALTH & WELLBEING

N



15:30-16:15

**CURATED CHAT**

**Creativity as Infrastructure for System Change**

**Adama Sanneh**, Co-founder & Chief Executive Officer, Moleskine Foundation

Moderated by **Sharon Cittone**, Chief Executive Officer, Edible Planet Ventures

*Powered by Lunbeck*

MEDIA, CULTURE & LEISURE

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16:30-17:30

**PANEL**

**The VOICE of Longevity: Awareness, Language, and Relationships in the One Health Era**

Video contribution by **Henk Barendregt**, Emeritus Professor, Radboud University

**Giuseppe Reale**, President and Co-Managing Director, Fondazione Rebecca

**Stefano Simontacchi**, Partner, BonelliErede and The Prism

**Guendalina Graffigna**, Full Professor, EngageMinds Research Center, Università Cattolica del Sacro Cuore

**Sonia Melchiorre**, President of CUG UNITUS and Associate Professor University of Tuscia

Moderated by **Carola Salvato**, Founder & Chief Executive Officer, Kea Connecta

**Thomas Winkelmann**, CoFounder, A Hundred Years

MEDIA, CULTURE & LEISURE

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17:30-18:30

**PANEL**

**Platforms for Learning & Purpose Across the Lifespan**

**Giuseppe Mayer**, Chief Executive Officer, Talent Garden

**Sabina Belli**, Chief Executive Officer, Pomellato Group

**Alessandra Giordano**, Employability Director, INTOO

Moderated by: **Alessandra Bichi**, Thought Leadership & Engagement, Milan Longevity Summit

*Powered by MD Concierge*

WORK, EDUCATION & EQUITY

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SKY 2



22 MAY



9:30 - 12:45  
PANEL

**iPSCS IN Ageing And Disease: From Models To Molecule**

Chaired by **Vittorio Sebastiano**, Associate Professor at Stanford University  
Co-Chaired by **Tiziana Borsello**, Associate Professor, University of Milan  
Keynote by **Thomas Südhof**, Professor and Nobel Laureate, Stanford University  
*How to use iPSCs to model aging, diseases, and neural plasticity*  
**Mark Kotter**, Associate Professor, University of Cambridge  
*Age clocks today*  
**Hiro Nakauchi**, Professor, Stanford University  
*Organs from hiPSCs*  
**Gianvito Martino**, Professor, Vita-Salute San Raffaele University  
*Neuronal stem cells in neurodegenerative disorders*  
SCIENCE & RESEARCH



13:00-14:30  
NETWORKING LUNCH



14:00-16:00  
PANEL

**Targeting Ageing: Emerging Therapeutic Strategies**

Chaired by **Maria Pia Abbracchio**, Professor, University of Milan  
Co-Chaired by **Paola Panina**, Vita-Salute San Raffaele University  
**Maria Pia Abbracchio**, Professor, University of Milan  
*Drug repurposing today*  
**Rossella Nappi**, Professor, University of Pavia  
*Hormonal replacement therapies in women*  
**Marco Quarta**, CSO and Founder, Rubedo Lifesciences  
*Senolytics: an update*  
**Paola Panina**, Professor, Vita-Salute San Raffaele University  
*Pipeline-driven identification of drug candidate for neuroprotection*  
**Maddalena Adorno**, CEO & Co-Founder, Dorian Therapeutics  
*Modulation of an epigenetic regulator for the treatment of age-related diseases*  
SCIENCE & RESEARCH



16:30-18:00  
PANEL

**Building Europe's Biomedical Research Infrastructure**

Chaired by **Maria Pia Abbracchio**, Professor, University of Milan  
Co-Chaired by **Massimo Florio**, Professor, University of Milan, Italy, **Adriana Maggi**, Professor, University of Milan  
**Els Torreale**, Steering Committee Member, Public Pharma for Europe Coalition  
**Giuseppe Remuzzi**, Director, Mario Negri Institute for Pharmacological Research  
**Jacques Demotes**, Director General, European Clinical Research Infrastructure Network  
**Massimo Florio**, Professor, University of Milan  
Summing Up: **Adriana Maggi**, Professor, University of Milan and **Massimo Florio**, Professor, University of Milan  
SCIENCE & RESEARCH

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**11:00 - 12:00**  
**PANEL**

**Exercise And Longevity: Optimizing Health Across The Lifespan**

Chaired by **Francesco Landi**, Professor, Gemelli University Hospital  
**Silvano Zanuso**, Director of Medical Strategy and Research, Wellness Foundation and Edith Cowan University  
*Marginal Gains Vs Longevity Pillars*  
**Riccardo Calvani**, Researcher, Catholic University of the Sacred Heart  
*Sarcopenia and healthy aging: capturing what counts in muscle failure*  
**Matteo Tosato**, Medical Director, Gemelli University Hospital  
*Emerging targets for treatment of sarcopenia*  
 SCIENCE & RESEARCH



**13:00-14:30**  
**NETWORKING LUNCH**



**13:45-15:45**  
**PANEL**

**Regenerative Medicine: Translating Science Into Care**

Chaired by **Eugenio Caradonna**, Senior Scientific advisor, CDI Centro Diagnostico Italiano  
**Giulio Pompilio**, Scientific Director, Monzino Cardiology Institute  
*Human iPSC-derived cardiac stromal cells cardiac-derived mesenchymal cells for unmet cardiovascular needs*  
**Giorgio Calori**, Professor, Columbus Clinical Institute  
*Treatment algorithm: tailoring the approach to the patient at risk in orthotraumatology*  
**Laura Mangiavini**, Associate Professor, IRCCS Galeazzi  
*Mesenchymal stem cells in knee osteoarthritis*  
**Fulvio Ferrara**, Director of Laboratory Medicine, IRCCS Auxologico  
*Blood markers of stem cells exhaustion*  
**Sarassunta Ucci**, Professor, University of Sannio  
*Photobiomodulation: mechanisms, targets and therapeutic synergies*  
**Carlo Tremolada**, Plastic Surgeon & Founder, Image Regenerative Clinic  
*Microfragmented human fat tissue for large scale production*  
 SCIENCE & RESEARCH



**15:45-16:45**  
**PANEL**

**The Gender Gap In Longevity: Science, Society And The Future Of Health**

Chaired by **Antonella Santuccione Chadha**, CEO, Women's Brain Foundation  
**Anna Erat**, Physician and Longevity Expert, Hirslanden Clinic  
**Lars Hartenstein**, Director of Healthy Longevity, McKinsey Health Institute  
**Roberta Gualtierotti**, Associate Professor, University of Milan  
**Jan Schadrack**, Global Development Leader, Roche  
**Letizia Mencarini**, Professor, Bocconi University  
**Diana Saraceni**, Co-Founder & General Partner, Panakès Partners  
 SCIENCE & RESEARCH



**16:45-19:00**  
**PANEL**

**Emerging Technologies Shaping Longevity**

Chaired by **Marta Fumagalli**, Associate Professor, University of Milan  
**Matteo Carboneschi**, CEO & Founder, Personalife, Italy  
*Estrogens in menopause: from the genome to the metabolome*  
**Livio Luzi**, Professor, IRCCS Multimedica and University of Milan  
*Neuromodulation to treat obesity and diabetes*  
**Paolo Capodaglio**, Professor, University of Milan and IRCCS Auxologico  
*New evidences in the clinical use of Whole-Body Cryostimulation*  
**Ennio Tasciotti**, Professor & Director, IRCCS San Raffaele  
*Biomimetic nanomaterials to guide body healing*  
**Dora Lalic**, Clinical Scientist, Glycanage  
*Glycans as biomarkers for personalized health tracking*  
**Lucy Costantino**, Geneticist, Centro Diagnostico Italiano CDI  
*Epigenetic Regulation of Aging*  
**Valeria Ricotti**, Co-Founder & CMO, Vesalic Ltd  
*Redefining ALS and neurodegenerative diseases: from system biology to transformative therapeutics*  
**Elisabetta Burchi**, Medical Director, Parasym Ltd  
*Autonomic regulation through a neuromodulatory approach to improve overall resilience*  
**Andrea Castagnetti**, CEO & Co-Founder, Wellmicro  
*Artificial intelligence and the microbiome: emerging frontiers in longevity medicine*  
 SCIENCE & RESEARCH

22 MAY



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AQUA2



BACK

## THE INNOVATION DISTRICT

A space dedicated to emerging ideas, breakthrough startups, live challenges, workshops, conversations, and collaborative formats designed to connect innovation with real-world systems transformation.

From pitch competitions and industry showcases to hands-on workshops and cross-sector dialogues, the Innovation Arena highlights the people, technologies, and solutions shaping the future of health, finance, food, AI, and society.



**10:30-11:30**

INNOVATION STAGE WORKSHOP

### THE FUTURE IS CHANGING: STRATEGIES TO MANAGE YOUR WEALTH AT EVERY STAGE OF LIFE

An interactive workshop exploring how financial education, planning tools, and long-term decision-making can support resilience across different stages of life.

**Roberto Fuccaro**, Business Trainer, Fineco Bank

*Powered by Fineco*



**12:00-13:00**

INNOVATION STAGE PANEL

### ITALIAN LONGEVITY: FROM DATA TO TRANSLATIONAL APPROACHES AND CLINICAL STRATEGIES

What does the future of longevity look like in Italy? Bringing together science, nutrition, communication and clinical perspectives, this conversation explores how data and translational research can shape healthier aging and real-world health strategies.

**Ennio Tasciotti**, Director Human Longevity Program, IRCCS San Raffaele, Roma

**Giovanni Scapagnini**, Professore Ordinario di Nutrizione Clinica, Università degli Studi del Molise

**Camilla Ferrario**, Autrice e content creator, Will Media (Be Content)

**Francesco Cianfanelli**, Consulente senior, Marketing politico e strategie di comunicazione, Youtrend

*Powered by Named*



**14:00 - 15:00**

INNOVATION STAGE

### CHALLENGE RESULTS & SHOWCASE

Presentation of the final concepts and solutions developed during the innovation challenge, followed by jury feedback and closing reflections.

*Powered by Fineco, SBC & Feat*



**15:00-17:30**

INNOVATION STAGE

### STARTUP PITCH COMPETITION FINALS

Finalists from across the competition present their solutions live before a jury of investors, partners, and industry leaders.

22 MAY



INNOVATION

BACK



23

MAY

Futures & Cultural Adoption



Allianz MiCo



23 May

11:00 - 12:00

# Youth Takeover

On the final day of the Milan Longevity Summit, the stage shifts.

Not as a symbolic gesture, but as a deliberate transition of voice, perspective, and responsibility.

Youth Takeover is where the next generation steps forward, not as future leaders, but as present system shapers. A space where young founders, researchers, creators, and changemakers bring forward new ways of thinking about health, society, and the planet. Not constrained by legacy models, but informed by urgency, creativity, and lived experience.

Across sessions, dialogues, and open exchanges, this is a moment to challenge assumptions, reframe priorities, and ask different questions:

What does it mean to design systems for a 100-year life?

What kind of world are we building, and who is it truly built for?

What are we not seeing because we are too close to the way things have always been done?

From food systems to mental health, from education to technology, Youth Takeover connects ideas with action, bridging generations in a conversation that is as much about listening as it is about leading.

**Because the future is not something to prepare them for.  
It is something they are already building.**

Introduction by **Fiorenza Lipparini**, Director General, Milano & Partners

Panel moderated by **Morgane Kendregan**, School & Events Lead, TimeGivers



12:30-12:45

## FIRESIDE

### Culture as Infrastructure: Narratives That Shape Systems

**Sara Maino Sozzani**, Creative Director, Sozzani Foundation

Moderated by **Christine Gould**, Chief Executive Officer, GIGA Futures

**Powered by Technogym**

MEDIA, CULTURE & LEISURE

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AQUA 1



BACK

# Brain Capital Event

## Longevity by Design: Building Community-Based Brain Capital

23 May



09.00 – 09.15

### Welcome & Opening

Chaired by **Paola Zaratini**, Director of Scientific Research, Italian MS Society - Italian MS Foundation  
**Paweł Świeboda**, Founder, NeuroCentury; Co-founder, Brain Capital Alliance



09.15 – 09.40

### Keynote Intervention

#### Unlocking Impact: WHO's 2025 Global Status Report on Neurology

#### A Global Call to Strengthen Neurological Care for All

**Abdefatah Ibrahim**, Chair, OneNeurology Partnership  
Chair **Paola Zaratini**, Director of Scientific Research, Italian MS Society - Italian MS Foundation  
Q&A



09.40 – 10.20

### Inspirational Lecture

#### Maintaining Exceptional Memory Function into Your Eighties: The Secrets of Superaging

**Bryan Strange**, Director, Laboratory for Clinical Neuroscience, Polytechnic University of Madrid  
Chair: **Paweł Świeboda**, Founder, NeuroCentury; Co-founder, Brain Capital Alliance  
Q&A



10.20 – 11.00

### Inspirational Lecture

#### From Abundance of Data to Actionable Insights in Prevention and Early Diagnosis

**Ira Haraldsen**, Lead, Cognitive Health Research Group, Oslo University Hospital  
Chaired by **Paweł Świeboda**, Founder, NeuroCentury; Co-founder, Brain Capital Alliance  
Q&A



11.00 – 11.30

### Coffee Break & Artistic Installation

"PortrAlts" – an exhibition on the invisible symptoms of multiple sclerosis



11.30 – 12.30

### Citizens, Patients, Innovators and Communities as Co-Creators of the Prevention and Longevity Agenda

**Kristin Schneeman**, Senior Director, FasterCures  
**Caroline Montojo**, President & CEO, Dana Foundation  
**Orla Galvin**, Executive Director, European Federation of Neurological Associations  
**Marco Mohwinkel**, President, Tech Tour Mental & Brain Health Programme  
**Sylvain Piquet**, CEO, Five Lives  
Chairs **Paola Zaratini**, Director of Scientific Research, Italian MS Society - Italian MS Foundation and  
**Paweł Świeboda**, Founder, NeuroCentury; Co-founder, Brain Capital Alliance  
Q&A



12.30 – 13.30

### Panel Discussion

#### Towards a Global Plan of Action on Brain Capital and Longevity

**Kristin Schneeman**, Senior Director, FasterCures  
**Caroline Montojo**, Presidente e CEO, Dana Foundation  
**Orla Galvin**, Executive Director, European Federation of Neurological Associations  
**Frédéric Destrebecq**, Executive Director, European Brain Council  
**Mario Battaglia**, CEO, Italian MS Society; President, International Multiple Sclerosis Federation  
**Ira Haraldsen**, Lead, Cognitive Health Research Group, Oslo University Hospital  
**Bryan Strange**, Director, Laboratory for Clinical Neuroscience, Polytechnic University of Madrid  
Chairs **Paola Zaratini**, Director of Scientific Research, Italian MS Society - Italian MS Foundation and  
**Paweł Świeboda**, Founder, NeuroCentury; Co-founder, Brain Capital Alliance



13:30-14:30

### NETWORKING LUNCH

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SKY 2

BACK



9:30 - 12:00  
PANEL

**Nutrition And Nutraceuticals For Healthy Aging**

Chaired by **Hellas Cena**, Professor, University of Pavia

Co-Chaired by **Paola Minghetti**, Professor, University of Milan

**Hans Konrad Biesalski**, Professor, University of Hohenheim

*Is longevity part of human evolution?*

**Maria Rescigno**, Professor, Humanitas University and IRCCS Humanitas

*Intestinal barrier permeability, the microbiota and aging*

**Patrizia Riso**, Professor, University of Milan

*Animal proteins vs. plant proteins and their contribution to dietary patterns in the context of healthy aging*

**Pier Giorgio Natali**, Scientific Coordinator, Mediterranean Task Force for Cancer Control

*Biofortified functional foods in chronic diseases of aging*

**Johanna Gorol**, Researcher, Frankfurt Cancer Institute

*Enhancing immune cell health through urolithin A-induced mitophagy*

**Giovanni Fiorito**, Researcher, IRCCS Gaslini

*Caloric restriction and biological aging: mechanisms, reversibility and multi-omic insights*

SCIENCE & RESEARCH



12:00-12:45  
KEYNOTE

**The Healthspan Revolution: How Ai And Predictive Diagnostics Can Prevent People From Becoming Patients**

Keynote: **Camillo Ricordi**, Professor & Director, University of Miami Diabetes Research Institute

SCIENCE & RESEARCH



13:00-13:45  
PANEL

**Lessons From The World Of Longevity Science**

**Alberto Beretta**, Scientific Director, SoLongevity

**Filippo Ongaro**, Founder & CEO, Ongaro Coaching

**Emanuela Notari**, Strategic Advisor & Founder, Longevity Economy

SCIENCE & RESEARCH



14:00-16:00  
PANEL

**Longevity Clinics: Global Models Of Preventive Medicine**

Session 1 Chaired by **Tina Woods**, CEO, International Institute of Longevity

**William Capp**, CEO, Fountain Life

**Joanna Bensch**, CEO & Founder, Longevity Center, Switzerland

**Javier Ramirez**, CEO, Clínica Neleva, Madrid, Spain

Session 2 Chaired by **Alessia Catania**, Neurologist, Besta Neurologic Institute

**George Gaitanos**, Chief Operating & Scientific Officer, Chenot Group

**Alberto Cerasari**, Clinical Director, SoLongevity

**Massimo Gualerzi**, Co-Founder & Scientific Director, The Longevity Suite

**David Della Morte Canosci**, Professor, University Hospital Policlinico Tor Vergata

SCIENCE & RESEARCH

23 May



LONGEVITY

SKY 1



23 May



9:30 - 11:00  
PANEL

### Longevity Begins Early: Shaping Lifelong Health

Chaired by **Giuseppe Banderali**, Professor & Director, San Paolo and Carlo Hospitals

**Monica Miozzo**, Professor, University of Milan

*Prenatal and natal tests: for better life outcome*

**Giuseppe Banderali**, Professor & Director, San Paolo and Carlo Hospitals

*Importance of pediatric epigenetic aspects: genes are not your destiny*

**Chiara Bertolaso**, Pediatrician, San Paolo Hospital

*How can pediatric global health impact longevity?*

SCIENCE & RESEARCH



11:00-13:00  
PANEL

### The Rise Of Longevity Medicine: The Physician's Role

Chaired by **Anna Erat**, Medical Director & Lecturer, University of St. Gallen

**Filippo Ongaro**, Founder & CEO, Ongaro Coaching

**Nirusha Kumaran**, Founder & Medical Director, Elemental Health

**Mayoni Gooneratne**, Founder, Human Health

**Antonella Santucci Chadha**, CEO, Women's Brain Foundation

SCIENCE & RESEARCH



13:00-14:30  
NETWORKING LUNCH



14:00-16:00  
VISION TALK/Q&A

### Ai And The Future Of Longevity Science And Medicine

Chaired by **Isabella Castiglioni**, Professor, Bicocca University

Co-Chaired by **Maria Pia Abbraccio**, Professor, University of Milan

**Ernesto Damiani**, Professor, University of Milan

*LLM (Large Language Model) stratification for therapeutic efficacy in age-related diseases*

**Mirella Mastretti**, Founder, T4R Fondazione Triulza

*Trusting AI with human longevity: beyond data, towards responsibility*

**Marco Ali**, Research Operations Manager, Centro Diagnostico Italiano-CDI

*Transforming longevity medicine through large language models*

Keynote: **Simone Bianco**, Founding PI and Vice President, Altos Labs

*From molecules to virtual cells: the AI-driven future of longevity*

SCIENCE & RESEARCH

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AQUA 3+4

BACK

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23 MAY



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**Roberto Fuccaro**, Business Trainer, Fineco Bank

*Powered by Fineco*



11:30-12:30

INNOVATION STAGE

### THE BIOLOGY OF LONGEVITY

#### The Foundation of Longevity: Internal Regulation and Systemic Health Beyond Aesthetics

**Claudia Viaggi**, Founder Linfit®

**Michele Bonaccorso MD**, Studio Bonaccorso

**Sacha Sorrentino**, Nutritionist, Villabrasini Beautyclinic

**Elena Santarelli**, Founder, Santa Longevity

Moderated by **Nicola Marino**, Director AEON Foundation

#### A Systemic Approach to Longevity: Movement, Lymph and Tissues as the Foundation for Every Effective Stimulus

**Claudia Viaggi**, Founder Linfit®

**Giuseppina Masitto MD**, Linfit®

**Nino Favoriti MD**, Natural Face Clinic

**Michela Coppa**, Wellness Expert & Co-Founder, Nutricom

Moderated by **Nicola Marino**, Director AEON Foundation

*Powered By Linfit*



13:00-14:00

INNOVATION STAGE

### EMERGING TALENTS IN LONGEVITY

Longevity Award winners from across the Longevity Foundation competition present their solutions live: **Cristina Vesprini, Maurizio Nicolaio, Matilde Maniscalco.**

Moderated by **Eleonora Selvi**, President, Longevity Foundation

*Powered by Fondazione Longevity*



14:00 - 15:00

INNOVATION STAGE

### FROM DAILY RITUALS TO LIFE-LONG WELLNESS

Longevity is not built in a moment, but through the choices, environments and habits that shape daily life. This session explores how rituals, wellbeing, neuroscience and design can support healthier, longer lives, turning longevity from aspiration into everyday practice.

**Ennio Tasciotti**, Director, Human Longevity Program, IRCCS San Raffaele, Rome; Professor of Medicine of Aging, Università San Raffaele, Roma

**Piero Barbanti**, Director, Headache and Pain Unit, IRCCS San Raffaele; Full Professor of Neurology, San Raffaele University

**Gianluca Valsesia**, Chief Commercial Officer, Gessi S.p.A.

*Powered by Gessi*

INNOVATION

BACK

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Con il contributo di



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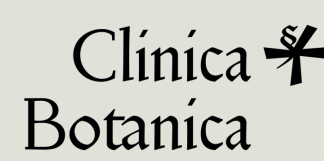
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*“What we choose to prioritize today will shape not just how long we live, but how well life can exist on this planet at all.”*

See you in Milan.  
See you in the future.

[milanlongevitysummit.org](http://milanlongevitysummit.org)





Thank  
You